



CENTER FOR  
DEVELOPMENT  
& DISABILITY

UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL  
DISABILITIES EDUCATION, RESEARCH AND SERVICE

2018 ANNUAL REPORT

**CENTER FOR DEVELOPMENT  
AND DISABILITY**

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**INFORMATION NETWORK  
RESOURCES**

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*Thank you to the campers of Camp  
Rising Sun for the beautiful cover art.*

## The Medically Fragile Case Management Program (MFCMP)

In New Mexico, children who have a high level of dependence on medical technology such as ventilators, tracheostomies, oxygen, feeding tubes, dialysis, intravenous medication and require total care for all their daily needs are identified as medically fragile.

### THE MFCMP PROVIDES COMMUNITY BASED IN HOME SERVICES UTILIZING A FAMILY CENTERED APPROACH.

The family is included in every aspect of care; from planning their child's daily care to policy development at a State level.

**97% OF FAMILIES** are satisfied with the case management services received.

**"I ABSOLUTELY LOVE EVERYONE I'VE BEEN IN CONTACT WITH AT MFCMP. I THANK YOU ALL FOR THE SUPPORT AND KINDNESS!"**

**"We could not plan, order supplies and navigate the health care system without the help of our MFCMP case worker. Thank you for what you do."**

The Medically Fragile Division at the CDD employs and supervises **13 CASE MANAGERS** for the program, all registered nurses. In FY 2018, nurse case managers provided nurse case management and care coordination to an average of **370 FAMILIES**, with approximately **25 FAMILIES** on each nurse case manager's caseload at any given time.

The Medically Fragile Case Management Family Advisory Board (FAB) is a group of parents, providers and nurse case managers who **ACTIVELY ADVOCATE FOR POLICIES THAT ENSURE CHILDREN HAVE THE SUPPORT NECESSARY FOR THEM TO PERFORM TO THE BEST OF THEIR ABILITY AND REACH THEIR POTENTIAL.**

THE MFCMP HAS PROVIDED RN CASE MANAGEMENT SERVICES STATEWIDE TO CHILDREN SINCE THE PROGRAM'S INCEPTION IN 1985.



## Partners in Policymaking



**We are excited to offer this opportunity to future self-advocates and family members, and believe the graduates are having a positive impact in New Mexico.**

Partners in Policymaking was developed in 1987 by the Minnesota Governor's Planning Council on Developmental Disabilities. Since its inception, more than **27,000 SELF-ADVOCATES AND PARENTS OF CHILDREN WITH DEVELOPMENTAL DISABILITIES HAVE GRADUATED NATIONALLY AND INTERNATIONALLY.** Currently 30 states plus the District of Columbia have active Partner in Policymaking groups. These trained advocates form a network of individuals working in partnership with elected officials to influence positive change for individuals with developmental disabilities.

Partners in Policymaking first came to New Mexico in 1994 and 1995; funding did not continue for this project and so implementation of the program ceased. In 2011, the NM Developmental Disabilities Planning Council and the NM Department of Health partnered with the Center for Development & Disability to once again make this curriculum accessible to New Mexican self-advocates and parents.

Since then more than **175 ADVOCATES, FAMILY MEMBERS AND STATE LEADERS** have completed the course. It currently meets three times, for three intensive days each time, between November and March, and accepts individuals yearly employing national and state experts to present and conduct sessions. Partners are chosen in a competitive process and represent all parts of the state. Graduates of the program are periodically invited to a Partner Summit to reconnect, network and continue their advocacy education.

### **PARTNERS ARE REQUIRED TO COMPLETE A LEADERSHIP PROJECT DURING THEIR TIME IN NM PARTNERS. LEADERSHIP PROJECTS ARE DIVERSE AND INCLUDE:**

- Implementing an anti-bullying program in a school
- Making Zozobra more autism-friendly
- Enhancing teacher training around developmental disabilities and creating accepting culture
- Introducing a variety of state legislation introduced related to developmental disabilities
- Creating parent support groups
- Increasing Partner involvement and advocacy on boards and commissions

Our Partner graduates have gone on to serve on task forces and boards throughout the State. The CDD's current Community Advisory Committee recruited 15 people to serve. Other Partner graduates have joined the Center for Self Advocacy in leadership roles as well as the NM Developmental Disabilities Planning Council as the current chair and vice chair.



GREETINGS FROM THE 170 STAFF, 15 FACULTY, AND 24 STUDENTS/ON-CALLS AT THE CDD!

# WHAT DOES THE CDD DO?

EDUCATES CURRENT AND FUTURE PRACTITIONERS

**25,266**

PEOPLE PARTICIPATED IN TRAINING

**99%** OF PARTICIPANTS REPORTED AN INCREASE IN KNOWLEDGE

**20** NM LEND graduates

**30** Partners in Policy Making graduates

PROVIDES SERVICES TO INDIVIDUALS WITH, AND AT RISK FOR, DEVELOPMENTAL DISABILITIES AND THEIR FAMILIES

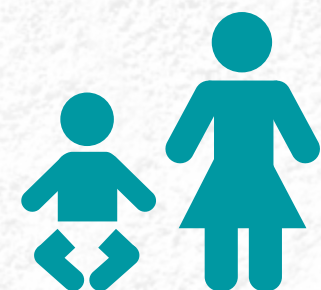
**3200**

VISITS TO THE CDD LIBRARY



**1158**  
UNIQUE VISITS TO OUR CLINIC

HOME VISITING, PREVENTION, INTERVENTION AND FAMILY TRAINING SERVICES:

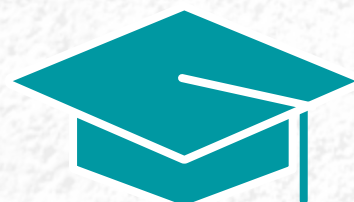


**887**  
FAMILIES SERVED

**1461**  
VISITS

**1296 CALLS** received by the Information Network

**2214 CALLS** received by the Family and Provider Resource Team



**79 SCHOOL DISTRICTS SERVED**

ENCOURAGES EVIDENCE BASED PRACTICES AMONG PEOPLE WITH DISABILITIES, THEIR FAMILIES AND THE GENERAL PUBLIC



**THROUGH VIDEO CONFERENCING WE PROVIDE:**

**802**

VIDEO CONFERENCE EVENTS

PROFESSIONAL TRAINING

CLINICAL SERVICES

**5TH** LARGEST STATE  
**121,697**  
SQUARE MILES

State population in 2017 was about  
**2,088,070**

Approximately **20%** of the population live below the poverty line

CDD STAFF DROVE  
**665,976 MILES**  
AROUND NM THIS YEAR!



THAT'S LIKE GOING AROUND THE EARTH  
**26 TIMES!**

**WE TRAVEL AROUND NEW MEXICO TO PROVIDE:**

HOME VISITING

COMMUNITY & PROFESSIONAL TRAINING

CASE MANAGEMENT

PROFESSIONAL CONSULTATION

OUTREACH

CONDUCTS PROGRAM EVALUATION AND RESEARCH ON RELEVANT TOPICS



**15 ARTICLES** published or submitted to peer-reviewed journals

**125 CONFERENCE PRESENTATIONS**

**NEW AUTISM RESOURCE PORTAL & BLOG!**

CDD.HEALTH.UNM.EDU/  
AUTISMPORTAL/

# Autism and other Developmental Disabilities Division

The Autism & Other Developmental Disabilities Division leverages funding from a variety of state agencies to serve the population of New Mexico. We provide capacity building throughout the state in the areas of Autism Spectrum Disorders (ASD), Deaf-blindness, and Fetal Alcohol Spectrum Disorders (FASD). We do this through information dissemination, statewide trainings, and statewide conferences. Our capacity building is focused on interdisciplinary training as well as discipline specific training in the areas of medicine, psychology, occupational therapy, physical therapy, speech-language pathology, social work training and others. Our training extends to community providers and school personnel. We also provide technical assistance to community providers and school personnel to support the individuals they serve. This is done through agency and/or classroom consultation. The content of the consultation is specific to an individual client or student. Finally, we support individuals with ASD through direct services such as teaching parents patterns of engagement with their children in our Parent Home Training Program, recreational activities with adolescence and camp activities through our residential summer camp, Camp Rising Sun. In addition we provide evaluation services and other clinical services for ASD, FASD and feeding/swallowing issues (SAFE) through our Clinical Evaluation Services Unit.

**AUTISM SPECTRUM DISORDER AND FETAL ALCOHOL SPECTRUM STATEWIDE COMMUNITY TRAINING:** Provides a wide variety of statewide training in awareness, understanding and skill development in evidence based intervention with individuals with Autism Spectrum Disorder. Trainings are provided through conferences, workshops, institutes, and short seminar series as well as webinars and e-courses.

**AUTISM SPECTRUM DISORDER SCHOOL BASED CONSULTATIONS:** Provides support to school personnel in classrooms through training, consultation and technical assistance.

**PROJECT SET:** Provides consultation and training to early intervention providers and preschool personnel to support children with Autism Spectrum Disorder in their communities.

**CAMP RISING SUN:** Provides a training experience for students, community volunteers and professionals through specialized camping experiences for individuals with ASD and their peers.

**FAMILY AND PROVIDER RESOURCE SERVICES:** Provides individuals with Autism Spectrum Disorder, families and providers autism specific resources and guidance in navigating the New Mexico service systems.

**AUTISM SPECTRUM DISORDER PARENT HOME TRAINING:** Provides short term educational programs to families of young children newly diagnosed with ASD to support them to integrate evidenced based practices into their daily interactions with their children.

**PARTNERS IN POLICY MAKING:** Provides an intensive leadership program for individuals with disabilities, family and community members to create future leaders and advocates in New Mexico.

**AUTISM SPECTRUM DISORDER WEBINAR ARCHIVES:** Enables community access to previously presented, archived trainings, webinars and e-courses related to Autism Spectrum Disorder.

**PROJECT FOR NEW MEXICO CHILDREN AND YOUTH WHO ARE DEAF-BLIND:** Provides technical assistance, training, and support to families, service providers and educators of children and youth who are deaf-blind.

**PSYCHOLOGY CLINICAL TRAINING IN AUTISM SPECTRUM DISORDER (ASD):** Includes internship and post-doctoral fellowship level training experiences in diagnostics and intervention with individuals diagnosed with Autism Spectrum Disorder. The Psychology internship track in ASD is accredited by the American Psychological Association.

## The Clinical Evaluation Services Unit (CESU)

**AUTISM SPECTRUM EVALUATION CLINIC (ASEC):** Completes interdisciplinary evaluations for individuals age 3 to 22 suspected of having Autism Spectrum Disorder or other related conditions.

**EARLY CHILDHOOD EVALUATION PROGRAM (ECEP):** Provides interdisciplinary developmental and diagnostic evaluations for children birth to three throughout New Mexico who are referred for a range of developmental concerns, including Autism Spectrum Disorder, exposure to toxic stress, and complex medical and developmental comorbidities.

**SUPPORTS AND ASSESSMENTS FOR FEEDING AND EATING (SAFE):** Provides interdisciplinary evaluations and follow-up support for children and adolescents with feeding difficulties.

**FETAL ALCOHOL SPECTRUM DISORDER CLINIC:** Provides diagnostic evaluations for children suspected of having prenatal exposure to alcohol.

**NEUROCOGNITIVE ASSESSMENT CLINIC (NCAC):** Provides neuropsychological evaluations for children with prenatal exposures, as well as children with genetic disorders.

**OTHER CLINICAL SERVICES WITHIN CESU INCLUDE:**

- Social work support services for families who have recently had a child diagnosed with ASD through a CDD clinic.
- Fetal Alcohol Spectrum Disorder community outreach, training and research activities.

## The Division of Health Policy

The Division of Health Policy (DHP) supports a variety of projects on topics related to disability and health policy and practice.

### **NEW MEXICO PERINATAL AND INFANT ORAL HEALTH QUALITY IMPROVEMENT PROJECT:**

Implements oral health services in primary care settings for pregnant women and newborns, by leading this four year, Health Resources and Services Administration (HRSA)-funded project, which is a collaborative effort of the CDD, the College of Nursing, the Dental Residency Program and Blue Cross / Blue Shield of New Mexico.

### **DDSD STATEWIDE TRAINING DATABASE AND ONLINE LEARNING PORTAL:**

Maintains a statewide web-based data entry and reporting system which tracks compliance of community provider agencies providing services under the Developmental Disabilities Medicaid Waiver with Department of Health regulations. The project also develops and maintains a series of online courses required for professionals providing services to individuals on the Developmental Disability and Mi Via Waivers.

**IMPACT EVALUATION OF CHILDREN'S MEDICAL SERVICES:** Works with Children's Medical Services of the New Mexico Department of Health on a multi-phase evaluation of the impact this program has on the quality of life of children and youth with special health care needs and their families. Activities include analysis of data from the 2017 National Survey of Children's Health, primary research on the impact of CMS social workers on care coordination, analysis of Medicaid data and an impact survey of program families.

## New Mexico Leadership in Neurodevelopmental and Related Disabilities (NM LEND)

New Mexico Leadership in Neurodevelopmental and Related Disabilities (NM LEND) is a long-term advanced training program funded by federal grant monies. It provides graduate-level interdisciplinary training as well as training and technical assistance for the Maternal Child Health workforce. Its focus is on improving the health and development of children, adolescents and adults with neurodevelopmental disabilities including autism. Trainees come from diverse professional disciplines along with parents, family members and self-advocates and are prepared to assume leadership roles upon completion of the training program.

### **NM LEND OBJECTIVES:**

- Advance the knowledge and skills of all child health professionals to improve health care delivery systems for children with developmental disabilities.
- Provide high-quality interdisciplinary education that emphasizes the integration of services from state and local agencies and organizations, private providers, and communities.
- Provide health professionals with skills that foster community-based partnerships.
- Promote innovative practices to enhance cultural competency, family-centered care, and interdisciplinary partnerships.

## Early Childhood Home and Family Services Division

The Early Childhood Home and Family Services (ECHFS) Division provides direct services for young children, parents, caregivers and families from pregnancy through the preschool years using a variety of evidence-based prevention, intervention and treatment models. Programs in the ECHFS Division emphasize child and family well-being and services are developmentally appropriate, relational, trauma informed and culturally appropriate for the populations served.

**CDD FOCUS:** Provide specialized EI services for infants/toddlers with and at risk for developmental delay and disability due to prenatal exposure to opioids and other substances, premature birth and/or other biological and/or environmental risk factors. Services are delivered in collaboration with the UNM Hospital FOCUS Family Medical Clinic, the Department of Family and Community Medicine and the Department of Pediatrics.

**CDD MILAGRO TEAM:** Provides psychosocial support to women in pregnancy who are struggling with opiate addiction in collaboration with the UNM Hospital Milagro Obstetrics Clinic.

**CDD INFANT TEAM:** Provides expert, trauma-informed, evidence-based evaluation and intervention services for children birth to three and their caregivers while involved in the child welfare system due to substantiated experiences of maltreatment.

**PARENT INFANT PSYCHOTHERAPY PROGRAM:** Serves children birth to four and their families who have experienced toxic stress/trauma via the evidence-based Child Parent Psychotherapy (CPP) treatment model.

**PROJECT HATCH:** Provides direct support and linkage to community services for families with infants hospitalized in the NICU setting – both during and after the hospital stay.

**NURSE FAMILY PARTNERSHIP:** Provides evidence-based home visiting services prenatally through a child's second birthday to support optimal developmental, educational and psychosocial outcomes for first time parents.

**PARENTS AS TEACHERS HOME VISITING PROGRAM:** Provides services for families with young children starting in pregnancy and offered through age five to support school readiness, positive parent-child interaction and family community engagement.

### **EARLY CHILDHOOD MENTAL HEALTH TRAINING INSTITUTE (ECMHTI)**

The ECHFS Division is also home to the **EARLY CHILDHOOD MENTAL HEALTH TRAINING INSTITUTE (ECMHTI)**, which provides evidence-based training to build the capacity of NM mental health clinicians to deliver evidence-based clinical services for children birth to five that are developmentally and trauma informed. In addition, the ECMHTI is home to clinical training programs for psychology interns and post-doctoral fellows specializing in infant and early childhood mental health practice.

**THE EARLY CHILDHOOD INFRASTRUCTURE PROJECT:** Provides training, consultation and other capacity building activities to increase the number of providers and the quality of services available statewide for infants/toddlers and their families impacted by adversity, toxic stress and trauma.

**ECMH PSYCHOLOGY TRAINING PROGRAMS:** Include intern and post-doctoral fellowship level training experiences in Infant and Early Childhood Mental Health and Trauma-informed treatment approaches.

## The Early Childhood Learning Network

The Early Childhood Learning Network supports optimal child development through effective systems and services.

We deliver our mission to those serving children prenatal to age five through:

- Exemplary interdisciplinary training, consultation, technical assistance and resource development.
- Effective dissemination of accessible information that increases knowledge and improves practice.
- Commitment to parallel process.
- Identifying and building on strengths.
- Bridging successfully across all early childhood sectors.
- Strategic and systematic thinking that engages communities, leads to action and improves system practices.

**EARLY CHILDHOOD NETWORK (ECN)** works in collaboration with 32 early intervention community-based providers throughout New Mexico to assure that all eligible infants, toddlers and their families receive high quality early intervention services from qualified and well-supported personnel. ECN services include customized training, consultation and technical assistance designed to meet the unique needs of each provider and to reflect the best practices in the field of early intervention.

### NM EARLY CHILDHOOD TRANSITION

- Supports community teams in developing and/or improving their system of transitioning children and families from early intervention services to other services and supports.
- Focuses on supporting community transition teams to respond to local priorities in transition planning for children and families exiting early intervention services.

### HOME VISITING PROFESSIONAL DEVELOPMENT

Provides consultative assistance to the CYFD Home Visiting programs across the state. Consultation provided to home visiting staff with a focus on a relationship based, reflective approach using the New Mexico Association for Infant Mental Health (NMAIMH) Competencies for Culturally-Sensitive, Relationship-based Practice Promoting Early Childhood Mental Health as our guide and the New Mexico home Visiting Standards.

### THE PRESCHOOL NETWORK

The Preschool Network is the full inclusion of young children in family and community life through access to quality services and systems of care. PSN works toward this goal by providing training and technical assistance to public school preschool programs for children with special needs and their community partners.

**NM RACE TO THE TOP (RTT)** (Project ended December 31, 2017)

### FIT FOCUS:

Works with partners in the Early Intervention system to developing a Tiered Quality Rating Improvement System, as well as providing specialized training for early intervention staff in a variety of topics, including assessment, reflective supervision and the use of video to improve services.

### PED FOCUS:

Works with partners in New Mexico PreK and the Public Education Department to support the implementation of the FOCUS: Essential Elements of Quality for all New Mexico Public School Preschool Programs. This Quality Rating and Improvement System will be utilized by all public school preschools (PreK, Special Education 619, and Title I) to evaluate the quality of educational services provided to young children ages 3-5 and their families.

### REFLECTIVE SUPERVISION PROJECT:

Supports FOCUS supervisors and staff to understand, utilize and benefit from reflective practice through training, technical assistance, and direct provision of reflective consultation to two program managers.



## The Family and Community Partnerships Division (FCPD)

The Family and Community Partnerships Division (FCPD) supports individuals with disabilities and their families through its multiple programs including initiatives providing training and technical assistance to community providers with the goal of increased competitive employment options for persons with disabilities. The Division also leads projects that assist youth with disabilities and their families to successfully transition from school-to-work. The FCPD provides service coordination support to individuals with disabilities and their families to enable them to self-direct their Medicaid Waiver services. In addition the FCPD maintains an information and referral service with a free lending library to disseminate disability resource information statewide.

**PARTNERS FOR EMPLOYMENT:** is a statewide partnership to improve employment outcomes for individuals with significant disabilities. PFE provides training and technical assistance to the state's disability service workforce to successfully implement competitive integrated employment practices

**THE SCHOOL TO WORK TRANSITION PROGRAM:** facilitates community collaboration, develops new models of implementation and provides training and technical assistance to students and their families, schools, community providers and businesses to increase school -to -work options for young adults with disabilities transitioning from high school.

**NEW MEXICO PROJECT SEARCH:** is leading efforts to replicate the national Project SEARCH school -to -work internship model in communities throughout New Mexico. The goal of Project SEARCH is to provide real life work experience for students with intellectual and developmental disabilities while still in high school with the goal of preparing them to make the successful transition to competitive employment after graduation.

**THE MI VIA CONSULTANTS PROGRAM:** provides statewide supports to participants of the Mi Via State Medicaid Waiver. CDD Mi Via Consultants help individuals with intellectual /developmental disabilities and their families to self-direct their own plan for services, develop and manage their budget as well as navigate community resources and supports.

**THE INFORMATION NETWORK:** provides local, state, and national disability information and makes referrals to resources in New Mexico. Services also include a specialized community library with disability, related books, videos, DVDs, periodicals, and journals available for check-out or onsite use by individuals with disabilities, families, healthcare professionals, school personnel, advocates, case managers, and others.

# Community Advisory Committee (CAC)

As the CDD prepared for its 5 year renewal, we asked for input from our Consumer Advisory Board (CAB) about how continued participation could be meaningful and respectful of their time. Based on feedback, the CDD restructured and expanded its CAB into the Community Advisory Committee (CAC).

The CAC has representatives from all regions so the needs of rural New Mexicans are considered. Our current CAC members include advocates, family members as well as our DD Network Partners, Disability Rights New Mexico and the Developmental Disability Planning Counsel.

Many of our newly appointed CAC members are graduates of our Partners in Policymaking Program. Joining the CAC provides these individuals with continued experience in advocacy and leadership. In addition to our in person meetings, we meet with our CAC members through video conferencing and telecommunications.

## CAC REGIONAL TEAMS

### MEMBERS OF THE METRO TEAM

Cynthia Berkheimer  
John Block III  
Shane Bower  
Iris Clevenger  
Emma Farris  
Jeff Griffith  
Nadine Maes  
Lily Martinez  
Marilyn Martinez  
Amy Rodriguez

### MEMBERS OF THE NORTHERN TEAM

Christal Branch  
Audrey Cordova  
Siri GuruNam Khalsa  
Rosemary Silversmith  
Lisa Storti

### MEMBERS OF THE SOUTHERN TEAM

Rebecca Cobos  
Elisheva Levin  
Alicia Lucoski  
Chinda Lucoski  
Selma Navarez

## OUR FUNDERS

- AMERICAN ASSOCIATION OF HEALTH AND DISABILITY
- ALBUQUERQUE PUBLIC SCHOOLS
- ASSOCIATION OF UNIVERSITY CENTERS ON DISABILITIES
- AZTEC MUNICIPAL SCHOOL DISTRICT
- BELEN CONSOLIDATED SCHOOL DISTRICT
- BERNALILLO PUBLIC SCHOOLS
- NEW MEXICO CHILDREN, YOUTH AND FAMILIES DEPARTMENT
- MORIARTY MUNICIPAL SCHOOLS
- NEW MEXICO DEVELOPMENTAL DISABILITIES PLANNING COUNCIL
- CENTERS FOR MEDICARE AND MEDICAID SERVICES
- DEVELOPMENTAL DISABILITIES SUPPORTS DIVISION
- NEW MEXICO HUMAN SERVICES DEPARTMENT
- NEW MEXICO PUBLIC EDUCATION DEPARTMENT
- NEW MEXICO DIVISION OF VOCATIONAL REHABILITATION
- RIO RANCHO PUBLIC SCHOOLS
- ROSWELL INDEPENDENT SCHOOL DISTRICT
- SILVER CITY CONSOLIDATED SCHOOLS
- ADMINISTRATION ON DISABILITIES
- HEALTH RESOURCES AND SERVICES ADMINISTRATION
- OFFICE OF SPECIAL EDUCATION PROGRAMS

